



## Safety Rules and Recovery Procedures after a Natural Disaster



- See that your family is safe from flood crests, fire or falling buildings.
- Cooperate fully with local authorities, rescue squads and local American Red Cross chapters.
- Walk or drive cautiously. Debris-filled streets are dangerous. Snakes and rodents may be a hazard. Washouts may weaken road and bridge structures and could collapse under a vehicle's weight.
- Help locate shelter, food, clothing, transportation, medical supplies and medical help for victims.
- Obey health regulations for personal and community protection against disease epidemics. Report any violations.
- Set priorities. Accomplish the most important tasks first, and avoid physical overexertion.
- Be sure children are safe and being cared for at all times. Never leave young children alone or allow them to play in damaged buildings or areas that might be unsafe.
- Prior to entering a building, check for structural damage. Make sure it is not in danger of collapsing. Turn off any outside gas lines, and let the house air for several minutes to remove escaping gas.
- When entering damaged buildings, use flashlights only. Do not use matches, torches or any open flame. Watch for nails, splinters, holes in walls or floors, wet or falling plaster, undermined foundations and gas leaks.
- Do not use the electrical system in a damaged building until it has been checked by a professional electrician.
- Wait until any flood waters are below basement level before trying to drain or pump a basement.
- If the premises have been flooded, flush plumbing fixtures with buckets of water to be sure they are open. Have health authorities inspect sanitary disposal systems. Water may have backed up into the septic tank, which in turn backs up into the plumbing system. This could be a health hazard.
- Do not use water from private supply until health authorities

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*IFAS Disaster Handbook for*  
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Florida's citizens)

- have tested it. Boil drinking water 10 minutes, or chlorinate by adding 1 teaspoon of chlorine bleach per gallon of water.
- Do not use food that has come in contact with flood waters. Some foods can be salvaged if properly packaged. Consult local health officials if in doubt.
  - Sanitize dishes, cooking utensils and food preparation areas before using them.
  - Start clean-up as soon as possible, especially if flooding has occurred. Thoroughly dry and clean house before trying to live in it. Delay permanent repairs until buildings are thoroughly dry.
  - Control rodents and insects.
  - Keep chemicals used for disinfecting and poisons used for insect and rodent control out of the reach of children.
  - Wear protective clothing on legs, arms, feet and hands while cleaning up debris. Wear rubber gloves while scrubbing flood-damaged interiors and furniture.
  - Remove sediment from heaters, flues and motors before using them. To speed drying, start stoves and furnaces as soon as they have been checked for safety.
  - Take all furniture and rugs outdoors to dry.
  - Dry and air bedding, clothing and rugs as soon as possible to prevent mildew.
  - Give special attention to cleaning children's toys, cribs, playpens and play equipment. Boil any items a toddler or baby might put in his mouth. Discard stuffed toys, water-logged toys and non-cleanable toys.